

December 2020

## Visiting Angels Times- Pueblo, Colorado



2020 has been a year many have struggled through. Think about doing a random act of kindness and enlighten someone's day

> Birthdays Tatyana Dec 23<sup>rd</sup> Carol Dec 24th

## Recapture the holiday <u>"Magic"</u>

After bearing this Covid-19 the past several months, it is easy to forget times of togetherness and all the great pleasures friends and family bring. Being cooped up inside is tough for everyone and I think we can all agree it is time for things to bring encouragement to each other!

With the holidays in sight, we thought we should help everyone remember all of the things used to enjoy at Christmas some time ago

Consider trying these things, you may create new traditions. Ask a senior in you family...they probably can show you a thing or two. Try doing these things...... 1.Decorate your tree using homemade ornaments 2.Send a snail mail Christmas Card 3. Have a candlelight Christmas dinner

4. Read (even via Zoom) your favorite Christmas stories with a family member or friend

- 5. Make homemade gifts
- 6. Drive to look at Christmas lights
- 7. Unplug and be in the present 8.Play games together
- 9. Make your own stocking
- 10. Bake Cookies
- 11. listen to Christmas music
- 12. Watch a Christmas show
  13. Have family time and talk

about your favorite Christmases (even by Zoom)

14. Talk about your family traditions

15. Look at family photos



We had some good news this month. Visiting Angels Pueblo was voted the winner of Pueblo's Best in home care 2020. A big Thank you to our caregivers and office staff for making it possible. You are why we are the BEST! Here is to a good 2021 Team!

What is your favorite holiday movie?



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Merry Christmas to our entire staff, our clients and our community!